



## CURRICULUM VITAE

### PERSONAL INFORMATION

#### Karola Lüttringhaus

- [dynbod@gmail.com](mailto:dynbod@gmail.com)
- [karolaluettringhaus.com](http://karolaluettringhaus.com)
- [sarusfestival.org](http://sarusfestival.org)
- [dynamic-body.org](http://dynamic-body.org)
- [albanelved.org](http://albanelved.org)
- USA California Driver License, Führerschein Klasse B
- Languages: German (native), English (fluent), French (basic)

### DEGREES

- **PhD student in Performance Studies**  
(currently studying since '17~), University of California Davis, CA, USA, PhD Designated Emphasis in PAR (Practice as Research) and STS (Science and Technology Studies), research in Body-Linguistics, The Body's Intrinsic Intelligence, and Dance Pedagogy
- **MA, Master of Arts, Performance Studies**  
UC Davis ('19)
- **MA, Master of Arts, Scenic Design/Exhibition Design/Costume Design**  
Technische Universität Berlin ('13)
- **BFA, Bachelor of Fine Arts, Choreography & Modern Dance**  
University of NC School of the Arts, USA ('98)

### EMPLOYMENT

Choreography, Movement  
Research, Dance, Directing

- **Alban Elved Dance Company/Karola Lüttringhaus: '94-current: Artistic Director, Solo Artist, Designer, Dancer. More than 50 scenic designs, uncountable costume designs, over 100 smaller and larger works of**

**choreography**, USA and Germany, full-time, '94-current

- **Guest teacher for dance, movement research, choreography, directing, scenic and costume design at various US universities**, USA, ( a.o.: Auburn University, UN Las Vegas, Cape Fear Community College, UNC Wilmington, Salem College, Appalachian State University, Coker College, University Alaska Anchorage, Meredith College, University Southern Mississippi, Wake Forest University, Duke University, University California Davis, University Louisiana Natchitoches, University Wyoming, Laramie, and others, '01-current
- **faculty position in Dance/Movement Research, Salem College**, Winston-Salem, NC, Movement Science, '14-'17, remained connected to the department as consultant for creation of '20 syllabi.
- **Commissions: Freelance choreographer, Scenic Designer, commissioned work by theatres, universities and organisations** in USA und Germany, a.o.:
  - Landesbühnen Sachsen, Dresden Theater Radebeul, commission for a dance theatre work (creation, directing and design (scenic, costume, video, sound)) 'Seelenschmiede', Radebeul, Germany, for 'Karl May Tage' celebrations, '13
  - 'Bewegungsschreiber', scene design for Daniela Seel, David Bloom, in collaboration with the Hochschulzentrum Tanz, Prof. Ingo Reulecke and Dock 11, '12
  - University of North Carolina Wilmington, choreography, scenic design, performance, video design, 'The Light of the Water', commission for a full length interactive piece for young audiences, set design with 5000 plastic water bottles, thematizing plastic pollution, '16
  - SECCA, Southeastern Center for Contemporary Art, '01-'03
  - Duke University, Zusammenarbeit mit Fitzpatrick Center for Photonics, Dr. David Brady, '03, Science and Art merger, launching the Free Space series,
  - uva...
- **Festival organiser & founder**
  - **Sarus Festival for Site-specific & Experimental Art**, [www.sarusfestival.org](http://www.sarusfestival.org) 7 years/festivals '07-'18, plus creative residencies,
  - **MoRe Movement Research Festival/Summer School/Event series, Festivals mit Schulen**, USA, '06-'17 annually
- **Carpentry/Scenic construction for Freelance Staging**, building newsrooms for TV stations worldwide, Thomasville, NC, '03-'06

**TEACHING ASSISTANT (TA)**  
at UC Davis

- **Ken's Trim, Trim-crew/carpentry: windows, doors, trim installation and repair**, Winston-Salem, NC, '03-'04
- **Internship** at Theater des Westens in carpentry/scenic construction, '98
- DES001: Intro to Design, UC Davis (Prof. James Housefield), teaching two sections of 25 students each, grading and guiding through projects and final presentations. Fall '17/'18
- Scene shop (carpentry, scene painting), UC Davis (Prof. David Grenke), building sets, advising students on use of tools and building methods, Winter '18
- Typography, Design, (Prof. Morissa Rubin), grading, presenting lectures, Spring '19

**ASSISTANT INSTRUCTOR (AI)**  
at UC Davis

- DRA 40A: Intro to Modern Dance, creating syllabus and class content, teaching, grading, Summer '18, '19
- DRA 40B: Intermediate Modern Dance, , creating syllabus and class content, teaching, grading, Spring '18, Winter '19

**ADJUNCT FACULTY**

- DAN220 Movement Research 'BII – The Body's Intrinsic Intelligence', Salem College, NC, Department of 'Dance & Movement Science'.  
[www.salem.edu/dance](http://www.salem.edu/dance), '14-'17

**ARTIST RESIDENCIES**

Artist in residence (long-term)  
Choreography, Scene Design,  
Movement Research

- University of North Carolina Wilmington, UNCW PRESENTS/Office of Cultural Arts, Wilmington, NC, '07-'08, '15, '17
- Cape Fear Community College, Wilmington, NC '16
- Salem College, '03-'07, '13, '14
- NC Dance Festival Tour and Outreach: Appalachian State University, Boone, NC, UNC Greensboro, Meredith College, various other NC educational organizations (College, university, high schools) '01-'16 bi-annually
- The Cameron Art Museum, Wilmington, NC '09-'10
- Wake Forest University, Winston-Salem, NC, '00-'06
- Duke University, Durham, NC, guest choreographer/company annually, '02-'06
- Millennium Center, Winston-Salem, NC, choreographer/company in residence

, '03-'04

- UNLV, University of Nevada, Las Vegas, Dance Department, '08, '10, '12
- and numerous others...

## PERFORMANCES & TOURING

of my choreographic works

(excerpt)

<https://www.karolaluettringhaus.com/work.html>

Including but not limited to the following venues:

- The American Dance Festival, Raleigh, NC
- Cape Fear Community College, Wilmington, NC
- Prague Quadrennial, Prague, Czech Republic
- UC Davis, California, USA
- Arce Baira Mar, Gamboa Brasilien
- NYC: The d.u.m.b.o. Dance Festival; Cool New York Festival; Wave Rising Series; Dance Now! New York; Raw Materials
- Old Dominion University, Norfolk, VA
- North Carolina Dance Festival
- Duke University, Durham, NC
- UWYO, University of Wyoming at Laramie, WY, guest choreographer/company/teacher, festival artist, '02-'04
- Auburn University, '12, '12, '13, 15, '17, AL
- Dock 11, Berlin, Germany, '07, '11, '13
- Out North Contemporary Art House, Anchorage, AK, guest company and outreach, '04
- Forsyth County Public High Schools, NC, '06-'13 annually
- New Hanover County High Schools, NC, '10-'14 annually
- Cape Fear Community College, Wilmington, NC '16
- Charlotte New Music Festival, Charlotte NC, '16
- Piccolo Spoleto Festival, Charleston, SC
- Snowy Range Dance Festival, Laramie, WY
- Charlotte Dance Festival in Charlotte, NC
- H-Street Playhouse, Washington, DC
- Ballhaus Naunynstrasse, Berlin, Germany
- Theater am Halleschen Ufer, Berlin, Germany
- Internationales Solo Tanz Theater Festival und Wettbewerb, Stuttgart
- North Carolina Museum of Art, Raleigh, NC
- Bunnell Street Gallery, Homer, AK
- Cameron Art Museum, Wilmington, NC
- 700 Jahre Heiligensee, Berlin, Germany
- Southeastern Center for Contemporary Art, Winston-Salem, NC; Germany

	<ul style="list-style-type: none"> <li>• Cucalorus Film Festival/Jengo's Playhouse, Wilmington/NC</li> <li>• T-WERK Potsdam, Germany, Festival "Stadt für eine Nacht"</li> <li>• Art and Culture Center Hollywood, FL</li> <li>• Univ of Southern Mississippi, Hattiesburg, MS, USA</li> <li>• Ruth Cansfield Dance Co, Winnipeg, Canada</li> <li>• Juggling Convention Tankerton, UK, guest artist/company, uvm...</li> </ul>
<b>DANCER</b>	<ul style="list-style-type: none"> <li>• Robert Wilson, Weimar, Germany, "TSE – Come In Under The Shadow Of This Red Rock" , '96</li> <li>• Benoit Maubrey's Audio Ballerinas, Berlin, Germany, choreography and dance, '95-'97</li> <li>• still-a-live dance company, Berlin, Germany, choreography and dance, '96</li> <li>• The Wheel Theatre/Felix Ivanov, NC, USA, '91-'93</li> <li>• Cinema, TV, fashionshows, etc, Berlin, '91-'98</li> <li>• Alban Elved Dance Company/Karola Lüttringhaus, '94-current</li> </ul>
<b>SOUND/COMPOSITION</b>	<ul style="list-style-type: none"> <li>• Alban Elved Dance Company/Karola Lüttringhaus, 20+ Sound Designs, electronic music, sound art, instruments and vocals, '08-current</li> <li>• <a href="https://www.karolaluettringhaus.com/sound.html">https://www.karolaluettringhaus.com/sound.html</a></li> </ul>
<b>PUBLICATIONS</b>	<ul style="list-style-type: none"> <li>• Illustrations for the book 'Poetry of the Soul' by Konstantin Lazhar Lüttringhaus, pc united publishers, available at Amazon.com worldwide, '12</li> <li>• Essay for the book 'The Aesthetics of Dance' by Louis Kavouras, Dean of Dance, University of Nevada, Las Vegas, NV, '10</li> <li>• Essay for the book "Aerial Dance" by Nancy Smith and Jane Bernasconi, featured as one of the 12 leading aerial dance companies in the US. , '08</li> <li>• ACM Computers in Entertainment in April 2006, article "Entertaining with Science, Educating with Dance" co-authored with Dr. Jennifer Burg, former head of the computer science department at Wake Forest University, Winston-Salem, NC., '06</li> </ul>
<b>EXHIBITIONS</b>	<ul style="list-style-type: none"> <li>• Berliner Dom/Berlin Cathedral, 1. Preis, Design, 'Ein Krippe für den Berliner Dom', 'Jesus, Licht der Welt', '12</li> </ul>

- Exhibition of the physical model and sketches for the design, 'Jesus, Licht der Welt', Berliner Dom/Berlin Cathedral, '12
- 'my white charcoal skin' charcoal drawing, SARUS Festival, '15
- 'Matrix', (choreographer and costume designer, sound designer), collaborative work with Lighting and Scenic Designer Fereshteh Rostampour, Edinburgh Fringe Festival and Edinburgh Collegiate Festival. '15
- PQ, Prague Quadrennial, representation as part of the German delegation of scenic designers to the festival, scene design. '15
- 'Hippolyta', sound/video installation, premiere at Bellamy Mansion, Wilmington, NC, '14
- Visual artist/performer for Courtney Owen-Muir (Canada), at SARUS Festival, premiere, '14
- Cameron Art Museum, State of the Art, group show "Nur meine Welt", Zeichnung, '14
- Exhibition of video and stills from performances of 'Matrix' at the World Stage Design Festival, Cardiff, Wales, UK. Certificate Award for interactive design in collaboration with Fereshteh Rostampour. Choreography, costume design. '13
- 'Light Territories' Group Exhibition at Berlin Weekly Gallery, Berlin, Germany 'Infinite Inversion', '13
- Gemälde und Zeichnungen im Fluxus Museum, shop, Potsdam, '07-'16 (upcoming, pending for 2020)
- MoBe, Berlin, Germany, Gemälde, Zeichnungen, Performance, '13
- Salem College, Remembering the Holocaust, Art exhibition, large works in group show, Salem College Gallerie, '09
- 'Darkness', Cameron Art Museum, Wilmington, NC, Installation, Holocaust Remembrance, installation, and sound design, Wilmington, NC, '08
- Street Art, Downtown Wilmington, NC, art happening as part of the SARUS Festival, '07-'08
- Solo shows, paintings and drawings, various smaller galleries around Winston-Salem, NC, '97
- Gallerie & Cafe Artemis, Berlin-Kreuzb., Germany, solo show, paintings, '94

#### AWARDS & GRANTS

- Kennedy Center American College Theatre Festival Award für Kostümbild 'The Bluest Eye', Regie Margaret Kemp, Janni Younge (Paperhand Puppet), '18

- Award for excellence in Scene Design, (VDI Verein Deutscher Ingenieure/Association of German Engineers, award for excellence) Berlin, Germany, '14
- 1. Platz, Berliner Dom, Ausschreibung 'Eine Krippe für den Berliner Dom', '12
- Certificate Award with Fereshteh Rostampour, interactive design 'Matrix', '13
- North Carolina Arts Council Choreography Fellowship for excellence, '06
- Artist and project grants in North Carolina, ~\$350,000

**PRESENTER/CURATOR WORK**

(selection)

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- **SARUS Festival for Site-Specific & Experimental Art.** Annually in August, the SARUS Festival for Site-specific & Experimental Art presents intellectually stimulating, original and professional art experiences that are uniquely created to reflect on the physical and social fabric of the greater Wilmington area. Approximately 60 local, regional and international artists collaborate each year to present +/-50 events in 6 indoor and outdoor venues. The festival is largely conceived and coordinated by Karola Lüttringhaus. The festival offers performances, exhibitions, lecture demonstrations a week-long creative retreat in July, master classes and workshops, social events and film screenings. '07, '08, '14, '15, '16, '17, '18
- **MoRe, Movement Research Project**, a collaboration with the Salem College Department of Dance and the major in Dance & Movement Science. The project seeks to be an incubator for research in science, art and creative thinking, a driving force in the discovery of knowledge about human movement, a place for experimentation, an informative and inspiring event series, an instigator for cross-organizational and cross-disciplinary collaboration. The project is largely conceived and coordinated by Karola Lüttringhaus. '14-'17
- **MoRe Summer School for Somatics, Movement and Creativity**, creator, coordinator, teacher. '15
- Arts Education project Wingspan, creative project with high schools in Forsyth County leading to performances. Continuation of arts ed project as part of SARUS Festival. '06-'13
- **Arts Education** workshops and performances in New Hanover County. '07-'17

**FURTHER EMPLOYMENT**

- Part-time faculty/guest teacher in Kinesiology/movement science at College of Wilmington, '15

- self employed, massage therapist, Continuing Education Provider for Massage Therapists of NC, USA & movement educator, '91- current
- Part time carpenter, remodeling Atlantic Disaster Services, Wilmington, NC (reference: Todd Robinson), '14-'17
- Part-time freelance carpenter, set builder, owner of 'Das Haus Carpentry', '99-'17
- Stage hand/deck hand, rigger Wilson Center, Wilmington, NC, '14-'17
- Stage hand/deck hand, Mondavi Center, Davis, CA, '17-'19

#### FURTHER EDUCATION

- Axis Syllabus International Research Community (Biomechanics/Kinesiology/Pedagogy, certification), '11-current
- Asheville School of Massage & Yoga, Asheville, NC. Licensed Massage & Bodywork Therapist, NC# 8931, '09
- NCBTMB approved Continuing Education Provider, Dynamic Bodywork, License #1006, '16-'19
- Ellys's Dance School (Danceworks Berlin e.V.), Berlin/Germany, Diploma Modern Dance & Choreography, '89-'91
- Apprenticeships in Carpentry and Set-building, '99
- Apprenticeship in Massage Therapy, '99
- Freie Universität Berlin/Germany, FU Berlin - Art History and Philosophy, '88-'89
- Bertha-Von-Suttner Oberschule, Berlin/Germany, Abitur, (High School Diploma/Abitur) – High school majors in Fine Art/Design and French, minors in Biology, Political Sciences, '87

#### CONTINUING EDUCATION

- Axis Syllabus, teacher lab and workshop intensive, Berkeley, CA, '19
- Axis Syllabus, teacher training and workshops, Canada (2 weeks)
- Axis Syllabus, Nomadic College, Italy (4 weeks)
- Tom Myers & Axis Syllabus co workshop, 10 CEU's
- Axis Syllabus teacher training and workshop, Berlin, Germany (2 weeks), '16
- Axis Syllabus, Nomadic College (8 weeks), '15
- Watsu 1 (w. James Orsi), aquatic bodywork, '14
- Axis Syllabus, Nomadic College, 1 month, '14
- Muscles of the Pelvis, Anatomy Trains Tom Myers, rolfing/structural integration, hands on, '14
- Shiatsu Bodywork, '12



- Continuing studies in Anatomy, Pain Management, Somatics, Bodywork, Watsu, Injury Prevention for dancers & athletes, AMTA, MMC, KMI structural integration, Hannah Somatics, '10-current
- Workshop, Advanced studies in Orthopedic Massage, James Waslaski, '10
- Exercise Physiology, UC Davis, EXB 101, 4 units, '18

